



ITINERARY SOUTH SARDINIA

1 ONE WAY CARLOFORTE – CAGLIARI 80 NM ONE WEEK – 7 DAYS

DAY1

When you will arrive in Cagliari's airport to getting Carloforte we can organize private transfer , in 40 minutes you will arrive in the Ferry Harbour to then reach Carloforte in 30 minutes by comfortable crossing by ferry

After check in you can go and visit the old town of Carloforte. In the evening You can go for dinner at restaurant ,you can choose to dine in one of the many restaurants in the city, a typical dinner, the main dish the Tuna caught right in the Tonnare dell'Isola, one of the few still operating in the Mediterranean

DAY 2 CARLOFORTE-MASUA-CALA DOMESTICA 18NM

for the SECOND day you can go north, visit the rock of Pan Di Zucchero, recognized as a UNESCO world heritage site. Opposite the little island, the outlet of the **Porto Flavia** mining tunnel looks out to sea, magically suspended halfway up the sheer rock face. . Then stop at Cala Domestica for a swim and return to Masua where you can stay overnight, and go to dinner in the restaurant that you will find on the beach, Warung Beach Club & Restourant (+39 3928197964)
 More infoes : <https://www.sardegnaturismo.it/en/explore/pan-di-zucchero-and-sea-stacks-masua>

DAY 3 SAN PIETRO'S TOUR 18 NM

for the THIRD day we suggest you to circumnavigate the Island of San Pietro, admiring the enchanting beaches, the cliffs, the caves, the Lighthouse of the Island and stopping in the most sheltered bays, with Mistral wind (NW), Cala Guidi , Capo Sandalo, La Mezzaluna, and with Scirocco wind (SE), Cala Vinagra, La Caletta

San Pietro is not only known for its coasts on the one hand jagged and on the other rich in beaches, but it also fascinates those people who look beyondwho want to know the rich history that surrounds the island and its population

<https://www.sardegnaturismo.it/en/explore/san-pietro-0>

For the evening you can decide to sleep in safe bays or return to the port.

DAY 4 SAN PIETRO-PORTO PINO 24 NM

for the FOURTH day, having then to think of arriving in Cagliari, start heading south, a lunch stop in Torre Cannai-Sant 'Antioco and then spend the night in Porto Pino, a charming bay where you can anchor, with a small town, and a small fishing port that you can reach with the Dinghi.

You can decide to buy fresh fish from local fishermen, or go for dinner at one of the different restaurants that you will find both in the town and on the beach. There is a Mediterranean gem, a beautiful place very close to nature's perfection, an environmental ecosystem in harmony between sea, dunes, vegetation and lagoons. The bay of Porto Pino extends for about 6 km, all white sand beach, to end with the Dunes, among the largest in Europe. You can reach them either by boat or on foot by taking a romantic walk.

<https://www.sardegnaturismo.it/en/explore/porto-pino>

DAY 5 PORTO PINO – CALA ZAFFERANO- TEULADA 12 NM

for the FIFTH day from Porto Pino in about half an hour you can stop for a swim in the many bays of the Gulf of Teulada, one of the main and most enchanting beaches to visit is Cala Zafferano, you will anchor on a sandy bottom, and you can make a bath in its crystal clear waters. There are also other bays among which we suggest cala di Porto Scudo, or cala di S'Ortixeddu.

Around 18.00 you can enter the port of Teulada, where you will find ground services, Bar-Marina service, Showers, Water and electricity.

For the evening we suggest you to book in one of the typical Sardinian restaurants, where you will taste typical dishes. Ristorante Sa Tiria +390709283704

DAY 6 TEULADA – Malfatano – Tuaredda- Chia –Pula 30 NM

for the SIXTH day you can leave from Teulada and make a stop in Tuaredda in the Gulf of Malfatano, to then continue with a second stop in Chia, even here a very long beach is fine white sand, where you can anchor exactly near the Island of Su Jew.

in the late afternoon sailing along the South East coast you will arrive at Capo di Pula where you will anchor for the night.

DAY 7 PULA- CAGLIARI 20 NM

for your SEVENTH day you will wake up in the bay of Pula, you will have the opportunity to stay there until lunchtime. The large-grain white sand, rocks full of natural life, overlooking tower and ruins of ancient civilisations make this a unique, unmistakable destination. The beach at Nora is one

of the most famous in **Pula**, thanks to the backdrop of the nearby Roman ruins. The bay is enclosed by cliffs and the promontory, with the splendid Coltellazzo tower, and is therefore sheltered from the wind. When the north wind blows strongly, the beach is perfect for enjoying the sun and swimming in the clear, shallow sea, ideal for children. The shimmering tones of blue sea invite you to take a swim, go diving or underwater fishing. The beach has disabled access and is convenient thanks to its large car park, services and refreshment points.

It has considerable historical value, located near the Nora **archaeological park**. The old town was founded by the Phoenicians between the 9th and 8th century BC. However, the traces of the Phoenicians and Punic have been mostly covered over by the Romans. The area is situated at the foot of Capo Pula, the old port, separated from the mainland by an isthmus, offering safe refuge from any wind . <https://www.sardegnaturismo.it/en/explore/nora>

Then leave and head towards Cagliari, your last destination. We suggest you arrive in Porto in Cagliari by 5pm so as to be able to refuel and head to your mooring in our base in Portus Karalis. When you arrive to marina Cagliari, you can arrange the boat and take a ride in the city center that you will find in front of our base.

In the evening You can go for dinner at restaurant ,you can choose to dine in one of the many restaurants in the city, a typical Sardinia dinner.

Restounrant Su Cumbidu ,Via Napoli +39 070670712.

DAY 8 H 9.00 AM

We will make a check-out and you can visit the Old town by taxi or bus or you will take a taxi or train to reach the Cagliari's airport in 10 minutes for your departure.